

GB 9 Ball Tour: “The First” Wives, Girlfriends and Children’s Activities Day Saturday 13th March Buxton



If you’re sick of the indoor activities (i.e. pool all the time!) we’ve got the perfect opportunity to get outdoors for the first organised activity for wives, girlfriends and children of the GB 9 Ball Tour.

As Buxton has lots of outdoorsy things to do we thought “why not try something active?” something that’s completely different, that most people probably won’t have tried before. Something that will help us all get to know each other.....**ORIENTEERING!** While your husband or boyfriend tries to find his way around a pool table why don’t you and your children try and find your way around the nearby countryside? There’ll be plenty of time later in the year for a bit of retail therapy and sightseeing at other GB9 tour events, but why not take advantage of some of what the Peak District has to offer and try something different while you’re in town?

The Details

We have made initial arrangements with a local professional outdoor activity centre and if there is a demand for it the GB9 orienteering session will be run by a professional instructor from Aspire Adventure Activities – <http://www.aspireadventureactivities.co.uk>

The activity will last for 2-2 ½ hours (unless you get totally lost!!), and will take place on the morning of Saturday 13th March (Start Time TBC). There are a variety of different orienteering courses and levels making it suitable for all ages. So if you’re bringing children with you this could be an ideal distraction for them! No special skills are required and no previous experience is necessary. Our instructor will show us the ropes.

Cost

The cost depends on the size of the group. There’s a minimum number of 6 participants (£85 for the group/Just over £14 per person). For a group of 15 it’s £150 (£10 per person). So the more the merrier.

What to Wear

Our instructor, David, has provided a kit list and has said “it is better to bring too much than too little”.

- Warm clothing (e.g. Fleece/Jumper etc);
- Tracksuit bottoms (not jeans);
- Walking boots or similar;
- Thick socks;
- Extra/spare clothing;
- Snacks;
- Plenty of water;
- Hat and gloves;
- Waterproofs;
- Small rucksack;

And please don’t forget any medication that you may need such as inhalers etc.

The list may sound daunting, but don’t forget you will be walking around the British countryside and there could be rain.

I’m convinced this is going to be great fun and a good way to spend our time away from pool and away from our husbands/boyfriends. It’s also a great way to burn off a few calories before crashing out in the excellent Spa facilities at the hotel.

Alternatives

If Orienteering is not your thing then don't worry there are plenty of other things to do in Buxton, some of which we have listed below for you.

Spa and Leisure facilities – Barceló Buxton Palace Hotel

<http://www.barcelo-hotels.co.uk/>

Poole's Cavern - 2 million year old natural limestone cave which can be explored on guided tours

<http://www.poolescavern.co.uk/>

Go Ape Centre - outdoor adventure activities

<http://www.goape.co.uk/>

Buxton Opera House – one of Britain's leading provincial theatre's

<http://www.buxtonoperahouse.org.uk>

For more information on Buxton and surrounds;

see <http://www.visitbuxton.co.uk/>

Contact

If you have any queries regarding Orienteering or some of the other activities, or if you would like to book the Orienteering then please do not hesitate to e-mail at liz@gb9balltour.com or give me a buzz on 07787394801.

Kind Regards

Liz Dooley

Wives, Girlfriends and Children's GB 9 Ball Tour Activities Co-ordinator.

